

# 2024 New Year Consecration

## Seeking God for Open Doors



***The River* will be using this time to set ourselves apart and seek God.**

**Dates:** January 8 – 31, 2024

We will break the fast on Wednesday, January 31, 2024.

### **Spiritual:**

#### **Bible Study:**

Study the Doctrine of Jesus

Revisit the scriptures and teaching from Sunday service and Bible Study

Study a Psalm and a Proverb a day

We will be discussing our studies in the Circle of Conversation Bible Study\*

Wednesday Evenings 7-8PM MT/9-10PM ET

Zoom Link <https://us02web.zoom.us/j/550870518>

\* We will be taking communion before Bible Study.

#### **Prayer & Worship:**

1 hour of prayer & worship throughout your day

(It doesn't need to be in a one-hour block)

Join us daily Monday-Friday 6:00-6:15AM MT on the Prayer Line

857-216-6700, Access Code 669526

### **Mental:**

#### **Memorization:**

Memorize at least 1 verse from the verses God has highlighted for you in your Bible Study time.

**Refrain from all Social Media during this consecration.**

(You can go to YouTube ONLY to watch/hear messages)

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### Physical:

#### **Exercise & Meditation:**

20-minute brisk walk, with committed meditation

#### **Food Fasting:**

***For those who can, from 6AM -6PM, water only.***

If you are unable to follow this for medical reasons, eat fruit, vegetables throughout the day, and add fish and shrimp between 6PM -6AM.

From 6PM -6AM, Fruits and vegetables with shrimp and fish only.

*(If you are allergic to shrimp or fish, you can use chicken as your source of protein)*

Water only to drink.

No gum, candy, mints, sweets, coffee, tea, soda, etc.

#### **Sacrificial Offering:**

Give a First Fruits sacrificial offering to The River. The amount is between you and God.

### Expectations & Goals:

#### **Write out the following expectations:**

- What do you want God to do for you personally?
- What does God want you do?

#### **Write out what God is telling you about the following:**

- What are your Spiritual Goals?
- What are your Spiritual Gifts?

### Items You Need:

Bible (multiple translations if possible)

Notebook

Pen/Pencil/ Highlighter

Index Cards

Communion Cups (or grape juice and unleavened bread)